



# FirstCare Practitioner — Greater Wellington

Youth Horizons is a not for profit organisation delivering a range of residential, foster care, education and community based services, dedicated to providing solutions for families and young people aged 0-20 with conduct or anti-social problems or those at risk of developing such problems.

We are driven to achieve the best possible life outcomes and we are guided by our core values of Manaakitanga, Wairuatanga, Aroha, and Whanaungatanga.

With our National office in Auckland, Youth Horizons has over 250 staff and specialist caregivers effectively achieving positive life outcomes in the lives of children, young people and families/ whānau across Northland, Auckland, Waikato, Bay of Plenty, Lower North Island and Otago/Southland.

We are looking to appoint a fulltime **FirstCare Practitioner — Greater Wellington**

The FirstCare Practitioner will engage therapeutically with families, whānau, caregivers and other significant people involved in the care of the child or young person to support them to address the child or young person's mental health, emotional and/or behavioural issues and maximise their developmental potential.

This FirstCare Practitioner is responsible for the delivery of approved evidence based model interventions in the Wairarapa, Hutt Valley and Capital and Coast regions. The practitioner in this role delivers interventions that are approved by Youth Horizons which include one or more of the following:

- Level 4 (or 5) Triple P interventions for families of children aged 0-17 years.
- CBT interventions, particularly Trauma Focused CBT for older children and adolescents.
- Other evidence-based models approved by Youth Horizons.

You will be a registered health professional (e.g. Psychologist, Psychotherapist, Social Worker, Mental Health Nurse, Occupational Therapist) under the Health Practitioners Competency Act or Social Work Board and hold a current registration with your governing body.

The ideal FirstCare Practitioner is adaptable in their approach, independent, confident, has strong interpersonal skills, the ability to build strong relationships, a good feel and perception for family dynamics, possesses a strong understanding of cultural contexts, self-awareness, and is skilled at engaging and helping young people and families with cognitive-behavioural strategies.

The successful applicant will receive an attractive salary package and be provided with a vehicle for work related and commuting use.

**For more information or to submit your CV and covering letter please contact Anna Williams**  
[Anna.williams@youthhorizons.org.nz](mailto:Anna.williams@youthhorizons.org.nz)

**Applications close 21 September 2015**