



ABOUT YOUTH HORIZONS

Youth Horizons is a national charitable trust working to improve the lives of children and young people who are dealing with behavioural, emotional, mental health or development issues.

We deliver programmes that have been shown to work and meet the needs of children, young people and families from different backgrounds.

Our programmes focus on therapy in the home, parenting support, bringing families back together, and foster care and group home placements. Our West Auckland office, Youth Service West, supports young people to find the best options for education, training or employment.

KIA TUPU, KIA HUA, KIA PUĀWAI TO GROW, TO PROSPER, TO FLOURISH

This whakatau-ā-kī is much more than a saying – it is a way of life. It runs through the way we work with young people and their families and whānau and the outcomes we strive for. Our staff hold close this ideal ‘to flourish’ and it carries through everything we do.

The name Kia Puāwai was taken from a saying by Princess Te Paea Herangi.

**“I TE OHONGA AKE I AKU MOEMOEĀ,
KO TE PUWAITANGA O TE WHAKAARO.”**

**“WHEN I AWAKEN FROM MY DREAMS,
THEY SHALL BE REALISED.”**

Kia Puāwai was gifted to Youth Horizons as the name to carry our commitment to young people and their whānau, now and into the future.

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OUR YOUTH OUR FUTURE

A GUIDE TO OUR SERVICES

YOUTH HORIZONS | KIA PUĀWAI **20** YEARS

EVIDENCED-BASED PROGRAMMES

NATIONAL PROGRAMMES

IN-HOME TREATMENT SERVICES

Functional Family Therapy (FFT)

A relationally based family intervention for young people at risk of being placed out of home and/or with very challenging behaviour.

Multisystemic Therapy (MST)

Intensive behavioural based therapy for parents/caregivers and young people at risk of being placed out of home and with severe challenging behaviour.

FirstCare services

A range of specialist behavioural and parenting interventions and support for children, young people and their families/whānau including Triple P and Cognitive Behavioural Therapy.

FOSTER CARE TREATMENT

Teaching Family Model Foster care

Intensive individual specialist foster care support for young people with conduct problems.

Treatment Foster Care Oregon (TFCO)

Intensive wrap around service including therapeutic foster care and family work for young people with conduct problems.

TEACHING FAMILY MODEL GROUP HOMES

Treatment group homes

Short to medium term care treatment homes for young people with conduct problems.

Te Kainga teen parent home

Residential group home and life skills programme for vulnerable teen parents.

For more information about services in your area please visit our website www.youthorizons.org.nz

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YOUTH HORIZONS | KIA PUĀWAI



WHERE WE WORK

In-home treatment



Foster care treatment



Teaching family model group homes



Youth Service support

Emergency & short stay residential homes

Mentoring and transitions



EVIDENCED-INFORMED PROGRAMMES

AUCKLAND ONLY

EMERGENCY & SHORT STAY RESIDENTIAL HOMES

Lighthouses

One home for girls and one home for boys providing short term intensively supervised non-secure care.

YOUTH SERVICE SUPPORT

Young Person and Young Parent Payment service

Delivering the Young Person and Young Parent Payment services (YP/YPP) combined with learning support for young people in West Auckland.

Not in Employment, Education or Training service

Supporting young people in West Auckland who are Not in Education, Employment or Training (NEET) or who are at risk of becoming NEET to achieve their education milestones and employment goals by providing mentoring, learning support and education and employment pathways.

Ka Awatea

Provides intensive one to one support and resources to young people who have been in state care to enable them make successful transitions to independence.

OTHER PROGRAMMES

FOSTER CARE TREATMENT

Specialist Caregiver Programme (SCP)

Intensive wrap around service including therapeutic foster care and social work support for young people with conduct problems. Based in Auckland, although referrals can be made from elsewhere in the country.

Shared Care

Foster care service for young people and children who require out-of-home care. It may include intensive treatment components such as individual therapy and skills training. Based in the Waikato.