

## About Youth Horizons

Youth Horizons/Kia Puāwai is a national charitable trust working to improve the lives of children/tamariki and young people/rangatahi who are dealing with behavioural, emotional, mental health or development issues.

We deliver programmes that have been shown to work and meet the needs of children, young people and families from different backgrounds. We have over 250 staff and caregivers supporting young people and their families and whānau across the North and lower South Islands.

Youth Horizons/Kia Puāwai is committed to the continuous development of a bi-cultural approach to treatment and service delivery. Our values and kaupapa are integrated throughout our organisation with all services committed to professional practice that reflects our core values of aroha, whanaungatanga, wairuatanga and manaakitanga.



### Contact us

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**Email** [fostercare@youthorizons.org.nz](mailto:fostercare@youthorizons.org.nz)

[fostercare.co.nz](http://fostercare.co.nz)

[tfcOregon.com](http://tfcOregon.com)

  [youthorizons](https://www.youthorizons.org.nz)

TREATMENT FOSTER CARE

# DO YOU HAVE THE HOME?

## JOIN OUR FOSTER CARE TEAM

Information for prospective caregivers



YOUTH HORIZONS | KIA PUĀWAI

September 2018

## What is Treatment Foster Care?

Youth Horizons/Kia Puāwai uses an internationally successful programme called Treatment Foster Care Oregon (TFCO) to help young people/rangatahi with behaviour challenges, whom for a variety of reasons are unable to live with their family/whānau.

The programme is for young people/rangatahi aged between 12 and 16 and is tailored to meet the needs of each individual. A foster care placement will last between six and 12 months.

The programme helps young people/rangatahi with behaviours that are causing them difficulties at school, within their peer group, or at home. The ultimate goal is for them to return home to family or whānau with improvements in behaviour, self-confidence, relationships and life opportunities.

## How you can help

By providing rangatahi with a stable foster care home supported by a team of professionals who provide 'wrap around' treatment and support.

If you become a foster carer with the TFCO programme, Youth Horizons/Kia Puāwai will provide you with comprehensive training and support.

We are looking for people who can help make a difference in the life of a young person/rangatahi and who exhibit the following:

- ▶ A naturally caring and supportive approach
- ▶ Patience and the ability to see the positives in others
- ▶ Willingness to manage challenging behaviour

You will have space in your home for a young person/rangatahi to live; and enjoy being part of a team environment that provides you with coaching and support.

## What do we do?

- ▶ Provide you with training and support; and therapy for the young person/rangatahi in your care
- ▶ Provide family therapy for the young person's/ rangatahi family/whānau – this is where the young person/rangatahi is likely to return at the end of their stay
- ▶ Contact you daily and meet with you and other foster carers weekly for support and ongoing training
- ▶ Meet with the young person/rangatahi every week for both skills training and individual therapy
- ▶ Be available 24 hours, 7 days, if you need us for support and advice
- ▶ Provide you with a weekend off every 4 weeks
- ▶ Pay you a generous monthly allowance for your services.

## What is your role?

- ▶ Maintain a belief in achieving the goal of making a difference in the life of a young person/rangatahi
- ▶ Provide a young person with close supervision and consistent positive boundaries, balanced with warmth and support
- ▶ Stay in touch and seek our guidance whenever you need help or support.

## Ko te mahi a te Tamariki, he wāwāhi tahā

*It is the job of the children to smash the calabash.*

This whakatauki/proverb reminds us that it is up to adults to guide and teach the young people/ rangatahi. A calabash was a precious implement that had many valuable uses. When a young person/ rangatahi learns from their mistakes they begin to build the knowledge they need to move forward in the world.

## Want more information?

Use the contact details in this brochure. We can send you an information pack, which includes answers to frequently asked questions.

