



Functional Family Therapist

Lakes/Central Otago District

Youth Horizons is a not for profit organisation which has been delivering a range of residential, foster care, education and community based services for over 15 years, dedicated to providing solutions for families, children and young people. These include young people with conduct problems and other mental health issues or those at risk of developing such problems. We are informed by our core values of Manaakitanga, Wairuatanga, Aroha, and Whanaungatanga.

With our National office in Auckland, Youth Horizons has over 180 staff and specialist caregivers transforming the lives of children, young people, their families and whanau across most of the North Island. We are now implementing new Ministry of Social Development funded Intensive Clinical Support Service in the Southern District Health Board region.

We are looking to appoint one full time: **Functional Family Therapist - Lakes/Central Otago District**

We are seeking one mental health professional who is enthusiastic about working as a family/whanau therapist with a small but intensive caseload of children and youth aged 10-17 years who have a range of behavioural, mental health and AOD problems. Functional Family Therapy (FFT) is an extensively developed evidence based approach to working with youth who have significant conduct problems. The FFT Therapist provides weekly family/whanau therapy sessions in the families own homes, using the FFT intervention model as trained by the model consultant. The fulltime role will suit a practitioner who is willing to be based from home and to work flexible hours in order to be accessible to referred families. The role is supported by the FFT team and supervisor who meet together for intensive supervision one day per week. Additional support and supervision is provided by phone between sessions.

You must be a registered health professional (e.g. Psychologist, Psychotherapist, Social Worker, Mental Health Nurse, Occupational Therapist) under the Health Practitioners Competency Act or Social Work Board and hold a current registration with your governing body.

The ideal FFT Therapist is adaptable in his/her approach, independent, is confident, has strong interpersonal skills, has the ability to build strong relationships with stakeholders, a good feel and perception for family dynamics, possesses a strong understanding of cultural contexts, self-awareness, and is skilled at engaging and helping children, young people and families with cognitive-behavioural strategies.

For more information or to submit your CV and covering letter please contact:

Anna Williams: recruitment@youthorizons.org.nz or phone Anna on: (09) 573 0954 Ext 233 to obtain a copy of the Position Description.

Applications close: 5th August 2013

